

Name _____ Date _____ Per. _____

Being-Values:

WHOLENESS

unity; integration; tendency to oneness; interconnectedness; simplicity; organization; structure; dichotomy-transcendence; order

PERFECTION

necessity; just-right-ness; just-so-ness; inevitability; suitability; justice; completeness; "doughtiness"

COMPLETION

ending; finality; justice; "it's finished"; fulfillment; finish and telos; destiny; fate

JUSTICE

fairness; orderliness; lawfulness; "oughtness."

ALIVENESS

process; non-deadness; spontaneity; self-regulation; full-functioning

RICHNESS

differentiation, complexity; intricacy

SIMPLICITY

honesty; nakedness; essentiality; abstract, essential, skeletal structure

BEAUTY

rightness; form; aliveness; simplicity; richness; wholeness; perfection; completion; uniqueness; honesty

GOODNESS

rightness; desirability; "oughtness"; justice; benevolence; honesty

UNIQUENESS

idiosyncrasy; individuality; non-comparability; novelty

EFFORTLESSNESS

ease; lack of strain, striving or difficulty; grace; perfect, beautiful functioning

PLAYFULNESS

fun; joy; amusement; gaiety; humor; exuberance; effortless

TRUTH

honesty; reality; nakedness; simplicity; richness; "oughtness"; beauty; pure, clean and unadulterated; completeness; essentiality

SELF-SUFFICIENCY

autonomy; independence; not-needing-other-than-itself-in-order-to-be-itself; self-determining; environment-transcendence; separateness; living by its laws

Which one of these values do you identify with?

How does this value motivate you?
