

You are unique, You are creative

Are you creative? How creative are you? What made you answer the way you did?
When did you begin defining yourself that way?

Imagine if 20 people were given the same materials and the same tools. For this example, imagine 1 pound of clay, a knife and a stick to poke holes. Each artist worked separately in their own studio and were instructed to use these tools and materials in any way they wish. Would any two artists create the same piece?

Why is it impossible to have the same vision as someone else? I would say because you have traveled different roads, talked to different people and lived two separate lives.

Your creativity comes from your diversity.

There are some artists that except the idea that every act we perform in our daily lives could be seen as creative act. But, There is a twist here. The act must be done with a conscious awareness that your actions could be seen as a creative act. You are completely unique in how you prepare your food, answer the phone, make jokes and how you organize your clothes. The small little processes of our daily lives are a fun place to begin to see how different you are from other people.

I'll ask you again, are you creative? How creative are you?

I hope that I have expressed my belief that we all have the ability to be creative. It is built into who and what we are. But how creative are you? This should not be confused with, "How good are you at drawing or painting?" We will talk about technical skills later. My question is how creative are you?

I would say that your level of creativity is directly connected with your interest or passion to create. Some people are willing to spend a few hours per week thinking about plans they have to create and others give everything they've got. Creativity is rarely a leap of genius. Your creativity is like a muscle that needs to be worked to improve its performance. Comparing a leap of genius with your creative process is expecting everything you touch to turn to gold. If there is one thing that I can promise you right now, it is that you will create things that will fall short of what we would call inspired work. And that is OK. In fact it is necessary.

Since we have all traveled different roads to get here, our expressions of creativity are all going to look different. Some find that abstraction (the act of simplifying and rearranging) is how they are most creative, some find that writing is how they are most creative, some people find that surfing is how they are most creative. There are a million other topics that could be put in to explain your creative process.

The level of involvement with your chosen path is a beginning to evaluate how creative you are.

Continue on and invest the energy to increase your level of creativity.

Are you creative? How creative are you?

Don't adopt someone else's perspective and try to create, it won't work.